Remaining Positive in Times of Crisis

Date & Time:
September 22, 2020; 12:45 PM - 2:00 PM

Register:
Connecticut-Westchester Chapter

Location:
Zoom

Amid the current crisis facing our world, millions of people are dealing with unprecedented levels of stress, and uncertainty. However, even in challenging times, we still possess the ability to make the best of our circumstances, develop positive habits, and manage our mindset effectively. This highly interactive program has been specifically designed to help attendees navigate the issues caused by the COVID19 crisis. Thus, the content is customized to impact both career and personal aspects of life. Participants will learn strategies that can help them to control stress levels, build habits that promote growth, and focus on opportunities. As this fluid situation continues to unfold, and times of crisis transition into times of recovery, attendees can be confident in implementing these techniques to continue to thrive.

Speaker:
Tyler Enslin, Professional Speaker, Tyler Enslin Intl

GTP Re-certification Credit

Pricing & Registration:
Complimentary to GBTA Members and Non-members